



QUARTERLY REPORT

Volume: 1 | Quarter: 1
Jan – Mar 2026



Quarterly Report Summary: January – March 2026

This summary provides an overview of the key achievements and activities of PPHI Sindh during the first quarter of 2026 (January to March), excluding the initial summary page of the report. The information covers various aspects of healthcare service delivery, infrastructure development, capacity building, and community engagement.

Healthcare Service Delivery at a Glance

During the quarter, PPHI Sindh facilities recorded a Total OPD of 10,164,108, with 6,375,549 new cases and 3,788,559 follow-up cases. Maternal health services were significant, with 89,133 total deliveries, including 84,520 normal vaginal deliveries (NVDs) and 4,613 C-sections. Family planning initiatives saw 19,880 Post-Partum Family Planning (PPFP) cases, 27,120 Long-Acting Reversible Contraceptives (LARC) insertions, 8,966 implants, 35,020 Intrauterine Contraceptive Devices (IUCDs), and 43,523 condom distributions. Antenatal care included 201,145 first antenatal care (ANC-1) visits and 649,172 return antenatal care (ANC-RV) visits. Other key indicators included 84,413 cases of Hemoglobin less than 10 (HB<10), 25,562 Oral Contraceptive Pills (OCPS), 128,812 injectables, 313,948 family planning visits, and 278,430 total ultrasounds. Laboratory services performed 2,860,735 total labs, identifying 215,033 TB suspects and 1,722 TB positive cases from 67,121 TB slides.

Quarterly Trends

Analysis of quarterly trends from January to March 2026 indicates a mild downward trend in OPD, new cases, and follow-up cases. Maternal and family planning indicators showed modest fluctuations, while total deliveries remained relatively stable. TB suspects and TB slides also

experienced a slight decline by March.

Lab and Pathology Services

The licensing status for lab and pathology services across various regions showed a total of 150 registered facilities, 1,175 applied facilities, and 168 facilities that had not yet applied, totaling 1,493 facilities. Region-wise, Mirpurkhas had the highest number of applied facilities (261), while Larkana had the highest number of facilities that had not applied (73). The DL-wise performance for April 2026 indicated 26,260 tests performed with a total amount of 14,043,262. A comparison between April 2025 and April 2026 revealed an increase in total tests performed (from 41,568 to 46,319) and total monthly business (from 15,434,763 to 17,520,692).

Nutrition

The nutrition program focused on children under five years, with 1,728,230 children screened. Out of these, 70,221 children were admitted for Severe Acute Malnutrition (SAM), with 59,662 cured. The program also recorded 2,011 defaults, 20 deaths, 610 non-cured cases, 904 medical transfers, and 3,555 transfers to OTP/NSC, with 2,178 total exits. Key Performance Indicators for the Outpatient Therapeutic Program (OTP) showed a 96% cure rate, while Nutrition Stabilization Center (NSC) performance indicated a 90% cure rate.

Repair and Renovation

For the fiscal year 2024-25, PPHI Sindh managed 45 carry-forwarded and major repair and renovation schemes. Of these, 20 schemes were in progress, 11 were completed, and 13 were in the tender process. The total budget allocation for these schemes was Rs.M 644.100, with a release expenditure of Rs.M 302.231. The report highlighted successful renovations at RHC Bhit Shah (Matiyari), RHC Dadloi

(Sukkur), RHC Halani (Naushahro Feroze), and RHC Kandrah (Sukkur).

Training and Capacity Building

During the quarter, a total of 51 trainings were conducted, benefiting 1,192 participants across all regions. Region-wise, RO-6 conducted the highest number of trainings (14), while RO-4 trained the most participants (338).

Monitoring Activities

Monitoring efforts were extensive, with a grand total of 26,726 monitoring visits. District Managers conducted 2,788 visits, Executive Monitoring & Evaluation teams performed 4,151 visits, and Social Organizers carried out 13,984 visits, demonstrating a strong focus on oversight and quality assurance.

News and Events

The quarter was marked by several significant events, including the second meeting of the Board of the Early Cancer Detection Alliance, a visit by a United States Government (USG) Mission delegation to the PPHI Karachi office, and a professional development session attended by Provincial Civil Services and PPHI Sindh leadership. Additionally, the Gates Foundation Program Lead visited the PPHI Sindh Head Office to discuss maternal, newborn, and child health services. A Memorandum of Understanding (MoU) was signed between PPHI Sindh and PPHI Balochistan for collaboration on IT-based ERP systems. A two-day capacity-building workshop was held for Regional Directors and District Managers, and the CEO of PPHI Sindh conducted visits to various health facilities.

This comprehensive overview demonstrates PPHI Sindh's continued commitment to improving healthcare services, strengthening infrastructure, and enhancing the capacity of its workforce across the region.

QUARTER'S PROGRESS AT A GLANCE



TOTAL OPD
10,164,108



NEW CASES
6,375,549



FOLLOW UP CASES
3,788,559



TOTAL DELIVERIES
89,133



NVDs
84,520



C-SECTION
4,613



PPFP
19,880



ANC-1
201,145



HB<10
84,413



ANC-RV
649,172



OCPS
112,776



LARC
27,120



INJECTABLES
144,858



FP VISITS
313,948



TOTAL ULTRASOUND
278,430



IMPLANTS
8,564



IUCDS
18,556



CONDOMS
25,562



TOTAL LABS
2,860,735



TB SUSPECTS
215,033

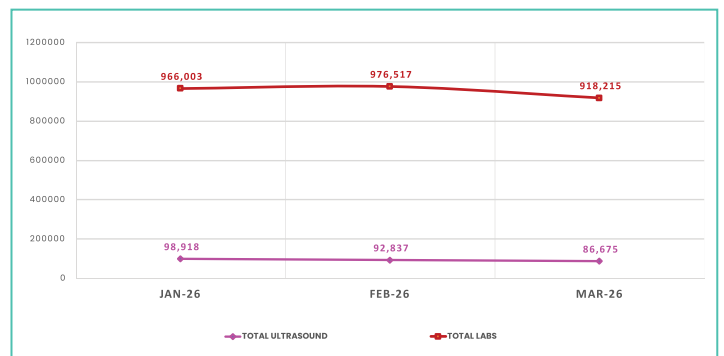
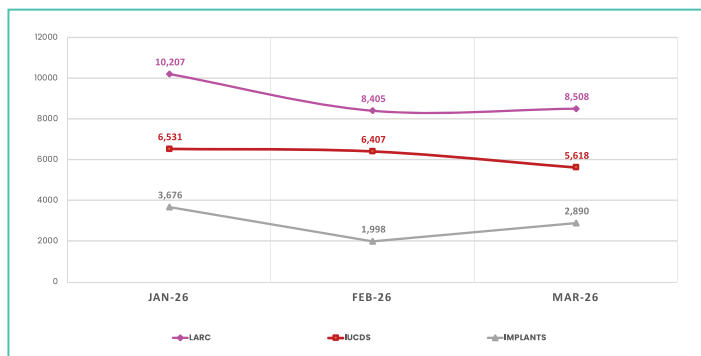
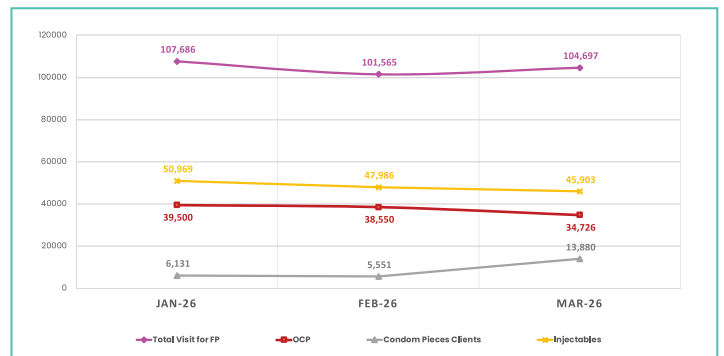
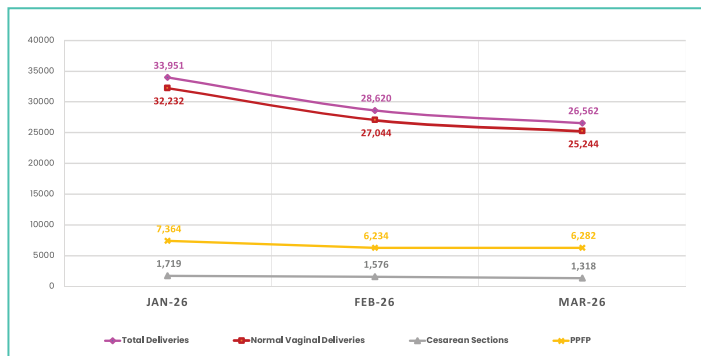
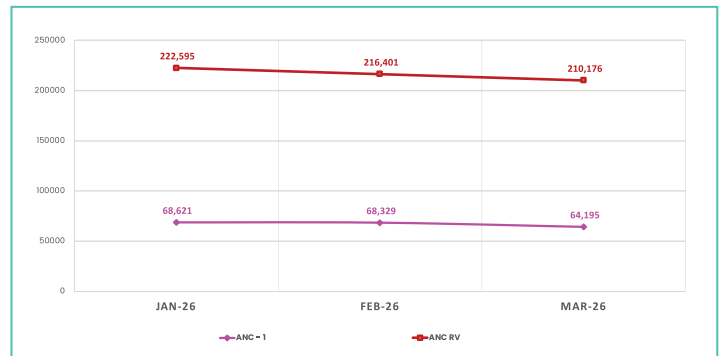


TB SLIDES
67,121



TB POSITIVE CASES
1,722

QUARTER'S PROGRESS AT A GLANCE



LAB AND PATHOLOGY

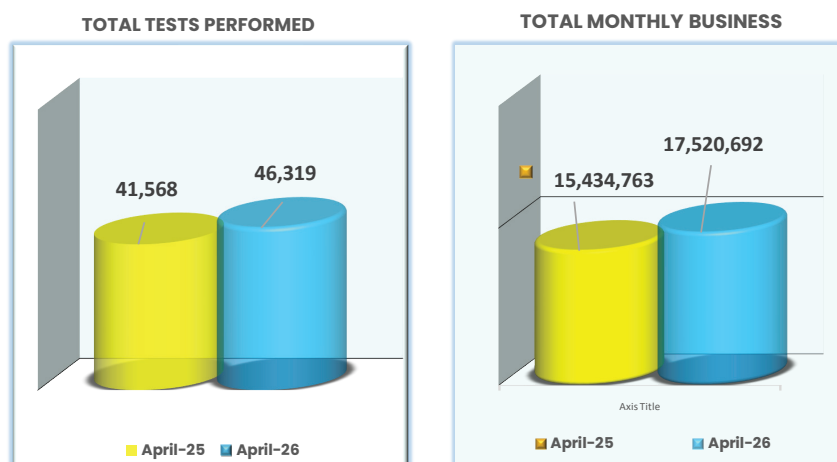
LICENSING STATUS:				
Region	Registered	Applied	Not Applied	Grand Total
Region – Hyderabad	39	180	24	243
Region – Mirpurkhas	44	261	28	333
Region – Larkana		225	73	298
Region – Sukkur	11	259	9	279
Region – SBA		209	7	216
Region – Karachi	56	41	03	124
Grand Total	150	1175	168	1493

DL WISE PERFORMANCE

April 2026 - (DLs + CPs)		
LAB	Tests	Amount
HYD	5,645	2,740,495
LRK	5,442	2,809,321
KHP	2,959	1,510,052
MPK	12,214	6,983,394
Total	26,260	14,043,262

Percentile Impact March 2026 Vs April 2026		
LAB	Tests	Amount
HYD	43.24%	45.18%
LRK	19.16%	19.90%
KHP	3.50%	7.31%
MPK	22.10%	21.41%
AVG	22.88	23.33

COMPARISON : (April 2025 V/s April 2026)



QUARTERLY NUTRITION PROGRAM UPDATES

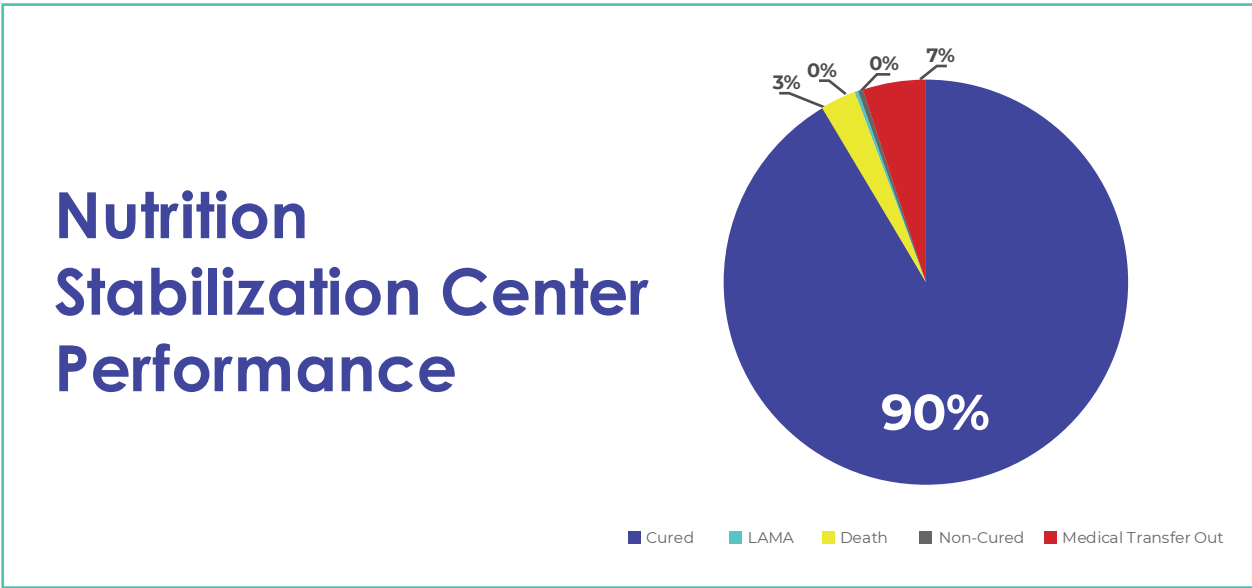
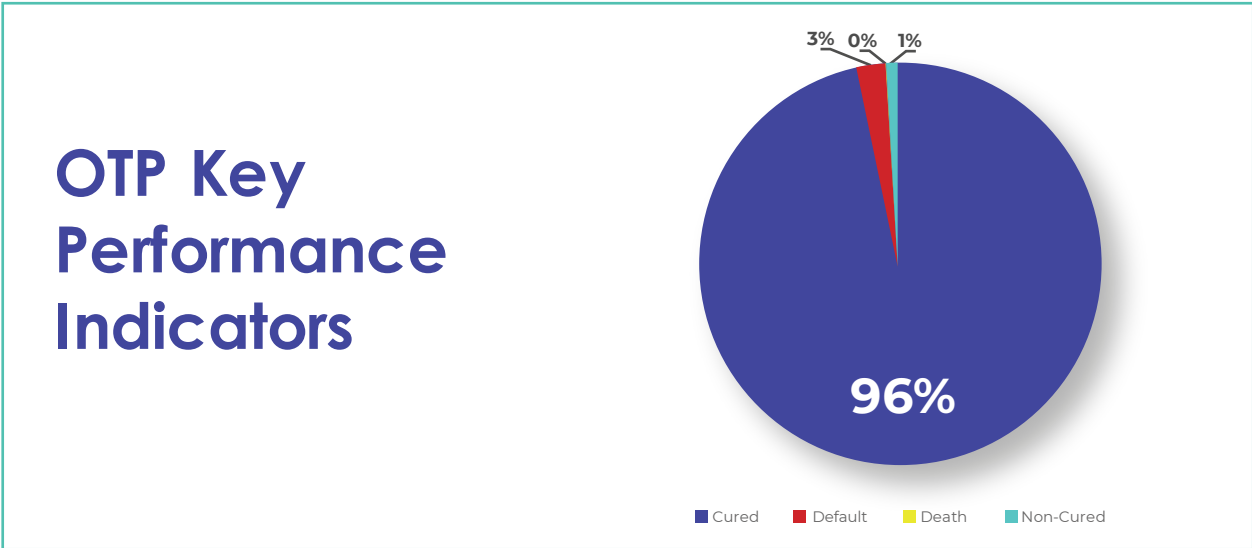
District wise number of under 5 years children Screened, SAM Admission, and Exits from OTP Program

Sr. No.	District	No. of 6 to 59 months children Screened	No. of SAM Children Admission	No. of Cured	No. of Default	No. of Deaths	No. of Non Cured	No. of Medical Transfer	No. of Transfer to Inpatient (NSC)	No. of Others
1	Badin A	49,163	2,130	2,149	12	-	3	3	86	21
2	Badin B	55,500	2,733	2,386	26	-	34	10	93	54
3	Dadu	63,943	3,427	2,760	100	-	31	10	126	6
4	Ghotki	59,828	2,841	2,514	8	-	3	35	419	21
5	Hyderabad	105,247	3,243	3,386	7	-	10	57	152	70
6	Jacobabad	80,001	2,576	1,798	67	1	3	61	41	38
7	Jamshoro	73,384	2,986	993	323	2	88	28	75	1,021
8	Kashmore	52,882	2,778	1,907	12	-	-	2	140	4
9	Khairpur A	59,920	2,707	2,400	11	-	3	40	134	28
10	Khairpur B	55,970	1,738	1,431	98	4	4	21	69	40
11	Larkana	70,936	2,512	2,132	89	-	4	11	119	20
12	Matiari	70,287	1,605	1,293	52	-	19	79	105	19
13	Mirpurkhas A	52,483	2,039	1,968	37	1	4	2	92	21
14	Mirpurkhas B	44,022	2,153	1,899	90	-	6	26	126	35
15	Naushero Feroz	84,499	2,937	2,565	20	-	21	30	190	45
16	Qambar Shahdadkot	74,039	2,726	2,131	113	-	-	4	122	3
17	Sanghar A	96,013	2,857	2,830	17	1	47	40	156	47
18	Sanghar B	53,560	1,764	1,504	17	1	12	81	83	46
19	Shaheed Benazirabad	68,730	3,082	2,477	71	2	4	117	167	56
20	Shikarpur	53,521	1,887	1,662	41	2	3	43	56	12
21	Sujawal	22,515	1,913	1,530	61	-	9	18	32	30
22	Sukkur	56,732	2,471	2,320	66	-	11	47	158	30
23	Tando Allahyar	54,877	1,698	1,486	97	-	8	21	70	77
24	Tando Muhammad Khan	37,683	1,980	1,495	137	1	35	18	92	111
25	Tharparkar	93,240	4,568	3,689	230	3	184	19	400	179
26	Thatta	34,272	2,351	1,904	66	1	17	12	52	18
27	Umerkot	62,671	2,302	2,314	46	-	14	31	155	65
28	Karachi II	42,312	2,217	2,739	97	1	33	38	45	61
Total		1,728,230	70,221	59,662	2,011	20	610	904	3,555	2,178



District wise number of under 5 years children SAM with medical complication Admission, and exits from Nutrition Stabilization Center

Sr. No.	District	No. of Admission in NSC	No. of Cured	No. of LAMA	No. of Death	No. of Non Cured	No. of Transfer Out
1	Badin	153	122	8	5	-	17
2	Ghotki	248	231	7	-	-	8
3	Hyderabad	251	205	21	-	-	27
4	Jamshoro	314	305	-	-	-	16
5	Kashmore	96	85	6	-	-	7
6	Khairpur	213	191	-	-	-	18
7	Mirpurkhas	250	230	7	-	-	6
8	Nasuhehro Feroze	232	214	6	2	-	13
9	Sanghar	331	331	-	-	-	3
10	Shahed Benazirabad	153	125	3	-	-	25
11	Sukkur	183	150	4	-	-	25
12	Tharparkar	399	348	12	-	-	32
13	Umerkot	183	170	3	-	-	9
Total		3,006	2,707	77	7	-	206



REPAIR & RENOVATION SCHEMES - 2024-25

Schemes	Total No. of Schemes	No. of schemes Progress	No. of Schemes Completed	No. of Schemes in Tender Process	Budget Allocation Rs.M	Release Expenditure Rs.M
(Carry Forwarded & Major)	45	20	11	13	644.100	302.231

RHC Bhit Shah District Matiari



Before



After

RHC Dadloi District Sukkur



Before



After

RHC Halani District Naushahro Feroze



Before



After

RHC Kandhrah District Sukkur



Before



After



TRAINING AND CAPACITY BUILDING

Total Number of Trainings Conducted During the Quarter			
S.No.	Region	Total Trainings Conducted	Total Participants Trained
1	RO-1	11	106
2	RO-2	5	115
3	RO-3	11	285
4	RO-4	10	338
5	RO-5	10	303
6	RO-6	14	45
Total		51	1192

MONITORING

Monitoring Visits		
Staff Details	Designation	Visit Count
Regional Staff	● Regional Director	314
	● Regional Manager Monitoring & Evaluation	621
	● Public Health Specialist	330
	● Regional Manager MNCH	218
District Staff	● District Manager	2,788
	● Executive Monitoring & Evaluation	4,151
	● Medical Officer	2,265
	● MNCH Coordinator	2,130
	● Social Organizer	13,964
Grand Total		26,726

NEWS AND EVENTS



The second meeting of the Board of the Early Cancer Detection Alliance was held at SGOC on 18 January. The meeting was co-chaired by Mr. Salman Farooki, former Federal Ombudsman, and Syed Asif Hyder Shah, Chief Secretary Sindh.



A delegation of the United States Government (USG) Mission visited the PPHI Karachi office and held a meeting with the PPHI leadership team as part of its Sindh visit.



An insightful and highly engaging session was conducted at the TMR Wing for officers of the Provincial Civil Services. CEO PPHI Sindh, Mr. Javed Ali conducted an interactive discussion to contribute to the professional development and capacity-building of the officers.



Gates Foundation Program Lead Ms. Zeina Sifri and her team visited the PPHI Sindh Head Office in Karachi for a review meeting on the High-Impact Maternal, Newborn, and Child Health (MNCH) Services Project. The initiative, supported by the Gates Foundation in collaboration with PPHI Sindh, focuses on strengthening quality MNCH services across Sindh and advancing improved health outcomes for mothers and children.



PPHI Sindh and PPHI Balochistan have signed a Memorandum of Understanding (MoU) to collaborate on the sharing of PPHI Sindh's Information Technology-based Enterprise Resource Planning (ERP) system. The MoU was signed by the CEO PPHI Sindh and Dr. MB Raja Dharejo, CEO PPHI Balochistan, marking a significant step towards strengthening digital governance and institutional collaboration between the two provinces.



A two-day capacity-building workshop for Regional Directors and District Managers commenced today under the chairmanship of the Chief Executive Officer, Mr. Javed Ali Jagirani, and the Chief Operating Officer, Mr. Riaz Hussain Rahoojo.



CEO PPHI Sindh visited GH Naudero and THQ-Ratodero.

EMPLOYEE(S) OF THE MONTH

PPHI SINDH

EMPLOYEE OF THE MONTH JANUARY 2026



DR. DILSHAD ALI KHAN
Medical Officer
Fertile Medical Office
GDR K Basir Khan Meeran, DO Sanghar & RO V SBA
For their outstanding performance, clinical competency, ownership of health facility, and exceptional community mobilization efforts. Their dedication has significantly improved the community.



DR. MUHAMMAD JAN
Nephrologist (Government)
SGH Murad Meeran, RO-VI Karachi
For efficiency and consistently covering both the surgery and Emergency operation theatres with single level of dedication and professionalism. His performance during January 2025 was particularly commendable, as he successfully managed and covered both shifts effectively.



MR. ATTEQUE REHMAN
IT Officer (Government)
Larkana-8, RO-III Larkana
For successfully managing multiple tasks, including IT support and Data Management, across all medical units and Tiger Assets assigned with high efficiency and dedication.



MR. GUL FARAZ
Assistant Admin
DO Tando Muhammad Khan, RO-I Hyderabad
For demonstrating strong administrative expertise and deep knowledge of human resource processes, and for his consistent commitment to organizational efficiency and productivity, supporting personnel that significantly benefits his colleagues and the office.



MISS FARZANA
Midwife, BHU Pk Bux Qadir
DO-I Hyderabad, RO-I Sanghar
For her outstanding performance and dedication of BHU Pk Bux Qadir facility, managing over 20 monthly deliveries and providing quality MCH services in a timely and safe manner.



MS. BHAGWANTI
Midwife
BHU, Bhakshi, RO-V Sukkur
For demonstrating expertise in conducting MCH, managing patient consultations, ensuring a safe labor room and ward with infection prevention and control, and providing Full Family Planning, thereby contributing to improved MCH performance and better maternal and neonatal health outcomes.

PPHI SINDH

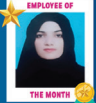
EMPLOYEE OF THE MONTH FEBRUARY 2026



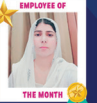
MS. KOMAL
Assistant Human Resources
Head Office, Karachi
For effectively filling the vacant post from existing details and operationally adjusting staff whose contracts have expired, also for successfully filling the vacant positions for Human Assistant across Sindh.



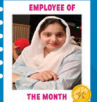
MR. MUHAMMAD HASSAN
Executive M&E
DO GHRI, RO-IV Sukkur
For proactively monitoring that ensures seamless operations and maintained supplies of all month facilities, delivered over 10% of regional SBA targets with strong framework, and in-depth expertise.



MS. SHAISTA
Midwife Trainee
GO Karachi, Jamshoro-A, RO-I HYD
For single facility managing to receive 64 IIF in 4 months National MCH, delivering 2407 delivery cases, with 12/15 normal deliveries per month, independently handling MCH and laboratory services, and ensuring delivery despite the absence of attendance and support staff.



MS. ZAREENA
Midwife, GD Meena
RO-II, Mirpurkhas
For consistently conducting evening and night MCH at GD Meena, contributing to the facility's capacity to serve patients and achieving steady monthly performance over 22, 21, and 24 MCH over three consecutive months.



DR. WARSHA
WMO (Government)
BHU Plus Model Village-Mall, RO-VI, KHI
For effectively managing the BHU Plus facility at WMO and consistently supporting individuals across all shifts during routine vaginal deliveries, ensuring quality care and teamwork at all times.



MR. KAMRAN ALI BHUTTO
Regional Engineer
RO-III, Larkana
For managing major and minor E&M work across the region, completing all urgent working cases ahead of deadlines, with exceptional project management attention to detail and dedication that has enhanced regional infrastructure and operational efficiency.



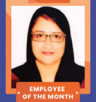
DR. MUHAMMAD BAQIR
Medical Officer
RHC Balak, Naushahro Feroze, RO-V SBA
For displaying outstanding technical skills, expert handling emergency and internal OPD cases, and managing complex medical situations with skill and dedication that sets a high standard for others.

PPHI SINDH

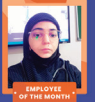
EMPLOYEE OF THE MONTH MARCH 2026



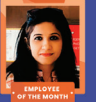
MR. NIMATULLAH MEERANI
Administrator
THQ Hospital Ratodero, RO-III Larkana
For demonstrating exemplary leadership and managed successfully in ensuring, report-based decisions, timely execution of responsibilities, and continuous improvements in patient care quality.



DR. SHAHEEMA NADEEM
Paed
BHU Guida Laghari, DO Badin, RO-II Mirpurkhas
For demonstrating BHU Guida facility in a high performing health facility through exceptional technical, exceptional maternal, fetal, and neonatal outcomes in MCH, GNC, obstetric, infectious, and in delivering - now advancing to 24/7 service delivery.



DR. AYESHA
Paediatrician
MCHC Murad Meeran, RO-VI Karachi
For her dedicated oversight of the neonatal screening program, ensuring timely diagnosis, effective follow-up care, and improved health outcomes for newborns in her care.



DR. KOSHILA KUMARI
MCH
BHU plus Majed Kerto DO SBA
For her focus work on patient diagnostic skills, and community centered teaching that have shown meaningful MCH improvements and strengthened primary healthcare delivery at her facility.



MR. SHAHAB SAHTO
Store Manager
District Shikarpur, RO-IV Sukkur
For his outstanding leadership in managing diverse store operations with efficiency, accountability and consistent support to the teams, including the regular monitoring of performance of PPHI Sindh.



MS. MEHAR-UN-NISA SOOMRO
Senior II Assistant/GHA
Thatta, RO-VI Karachi
For consistently managing administrative transactions, completing assignments ahead of schedule, and going above and beyond her defined responsibilities with valuable commitment to quality.



MR. ABDUL REHMAN
Dewasli (Wahman)
Tando Allahyar, RO-I Hyderabad
For his dedication, integrity, and exceptional skill in managing a secure and well-functioning district office environment, going to great lengths to dedication at every level of the organization.



REDEFINING
PRIMARY
HEALTHCARE

 Bungalow No. C-27/1 Near Umer Shareef Park, Clifton Block 2, Karachi
(+92-21) 35872214, 35364045  info@pphisindh.org.pk  www.pphisindh.org



PPHISINDHOFFICIAL



PPHIOFFICIAL



PPHISINDH

A company set up under section 42 of The Companies Act 2017